



GAMBLING SUMMIT:

Tackling Gambling Harms
in the New Normal



Microsoft Teams

**Monday 13 - Tuesday 14
September 2021**



Public Health
Scotland

Summit Programme

Webpage / Registration: <https://gccwebsitehosting.z16.web.core.windows.net>

Enquiries: gamblingsummit@glasgow.gov.uk

Twitter Hashtag: #GlasgowGamblingSummit

Twitter Accounts: @GlasgowCC, @GlasgowCPP, @P_H_S_Official

Introduction

Glasgow City Council, supported by Public Health Scotland (PHS) and by the UK Gambling Commission, will hold a virtual summit to bring together people with lived experience of gambling harms with experts in practice, research and policy to share knowledge, insights and ideas on tackling gambling harms in a world adapting to the impacts of the COVID-19 pandemic.

The summit will take place online using the Microsoft Teams platform on 13 & 14 September 2021 and include keynote addresses by national and local political leaders and experts by experience, as well as those with practical and research experience of preventing and treating gambling harms.

The summit will use the National Strategy to Reduce Gambling Harms as its focus and will seek to explore emergent research, best practice and to highlight the essential work that will be necessary locally and nationally as we rebuild systems and services after COVID-19. This will serve as a jumping off point to discuss the future challenges as we envisage as we seek to develop the public health response to this public health harm.

Who Should Attend?

The summit will attract a wide range of stakeholders from:

- community organisations
- front-line service providers
- researchers
- policy makers
- legislators
- socially concerned members of the gambling industry
- core and wider public health workforce

This means it will also mark a key step towards the further development of a city-wide action plan to tackle gambling harms in Glasgow in a way that can be shared across other areas of Scotland and the UK.

Format of Summit

By holding the summit over two half days, the virtual format using Microsoft Teams, will also allow for a programme of engagement activities to run before, during and after the formal sessions of the summit and provide a platform for the work of local people and communities to be showcased. Careful consideration will be given to ensuring that local people are able to meaningfully participate in the summit, in particular addressing issues of digital accessibility.

Aims of the Summit

The summit will explore the National Strategy to Reduce Gambling Harms two priority themes:

- Prevention and Education
- Treatment and Support

It will seek to do so within the context of the four types of activities that are essential 'enablers' for creating sustainable action to reduce and prevent harms:

1. Regulation and oversight of actions taken
2. Collaboration within and across sectors
3. Evaluation (and data) that can evidence the success of prevention, treatment, and support interventions
4. Research to inform policy and action

All within the context of the lived experience of those affected by gambling harms.

Day 1: Experiencing Gambling Harms

Monday 13 September 2021

Engagement Events

09:30 – 12:00 Summit Fringe Activities / Events

N.B. Details of all fringe events are included as an appendix.

Attendees are invited to attend any of the following activities / events:

- Tackling the Most Serious Forms of Gambling Disorder (11:00-12:00)
 - Gordon Moody

Session 1 – Welcome and Introduction

13:00 – 13:10	Phil Mackie (Scottish Public Health Network) Welcome
13:10 – 13:25	Maree Todd MSP (Scottish Government Minister for Public Health, Women's Health and Sport) Outline the challenge with a Scottish context
13:25 – 13:40	Bailie Annette Christie (Glasgow City Council) Outline the challenge with a Glasgow context
13:40 – 14:00	Heather Wardle (Glasgow University) Gambling as a public health challenge
14:00 – 14:20	Andrew Rhodes (Gambling Commission) National Strategy to reduce Gambling Harms
14:20 – 14:30	<i>Comfort Break</i>

Session 2 – Engagement

14:30 – 14:50	Jardine Simpson (Scottish Recovery Consortium) Lived Experiences
14:50 – 15:10	Sara Redmond (The Health and Social Care Alliance) Community Engagement – Findings
15:10 – 15:30	Michelle Gillies (Scottish Public Health Network) Gambling Harms and the whole Public Health system

Session 3 – Beyond Restating the Problem

15:30 – 16:30 Summit Workshops and Community Engagement Activities / Events

Workshops and community engagement activities / events led by those working in priority harm areas.

- What do we know?
- What would we like to know?
- How might we find things out?
- What are the gaps?

N.B. Details of all workshops are included as an appendix.

Attendees will attend one of the following workshops:

- Gambling and Trauma: Slipping Through the Net?
 - Facilitated by; Fast Forward
- Suicide Prevention and Tackling Gambling Harms
 - Facilitated by; Glasgow City Suicide Prevention Partnership Group
- Gambling Support Service
 - Facilitated by; Citizens Advice Scotland (Airdrie)
- Gambling Related Harm in Criminal Justice
 - Facilitated by; Beacon Trust
- The View from Below
 - Facilitated by; The Machine Zone and chatterscotland.org
- From Theory to Practice: Using an Evidence-based Theory of Change to Measure Impact in Reducing Gambling Harms in Glasgow
 - Facilitated by; Gambling Research Exchange Ontario (GREO)

Engagement Events

16:30 onwards Summit Fringe Activities / Events

N.B. Details of all fringe events are included as an appendix.

A link to the live streaming of Gambling with Lives launch event of their Education Programme including film premiere and guest speaker (Lord Foster) will be made available to all attendees. (16:45)

Day 2: Preventing and Reducing Gambling Harms

Tuesday 14 September 2021

Session 4 – Welcome Back

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| 09:10 – 09:20 | Phil Mackie (Scottish Public Health Network)
Reflections on Day 1 |
| 09:20 – 09:30 | Phil Mackie (Scottish Public Health Network)
The Role of the Scottish Strategy Implementation Group |

Session 5 – What Works / What Could Work

09:30 – 10:25 Summit Workshops – Round 1

Parallel workshops looking at; Prevention, Education, Treatment, and Support. And exploring the essential actions regarding:

- | | |
|----------------------------|--------------|
| • Policy Formation | • Evaluation |
| • Collaboration | • Research |
| • Regulation and Oversight | • Data |

N.B. Details of all workshops are included as an appendix.
Attendees will attend one of the following workshops:

- Reducing gambling harm in the workplace
 - Facilitated by; NHS Greater Glasgow and Clyde
- A Creative Approach to Gambling Education and Prevention
 - Facilitated by; Fast Forward
- An Introduction to Gambling Related Harms and GamCare Treatment Services
 - Facilitated by; GamCare Scotland
- Involving Experts by Experience in Reducing Gambling Harms
 - Facilitated by; National Gambling Harms Lived Experience Network (Development Panel)
- The Journey to Evaluative Thinking: A Threefold Approach to Building Evaluative Capacity in Support of a National Strategy
 - Facilitated by; Gambling Research Exchange Ontario (GREO)
- Integrating the prevention of gambling related harms – opportunities for local government in Scotland
 - Facilitated by; COSLA

10:25 – 10:35 *Comfort Break*

10:35 – 11:30 Summit Workshops – Round 2

Attendees will attend another workshop as detailed in Round 1.

Session 6 – Panel Discussion

11:30 – 12:15 Panel membership drawn from the Scottish Strategy Implementation Group
Chaired by Dr Anna Van de Gaag (Advisory Board for Safer Gambling, one of the Gambling Commission's three advisory groups)

- What were the key actions from the workshops?
- How would the panel develop responses to these?

Summit Close

12:15 – 12:30 Closing Remarks
Bernadette Monaghan (Glasgow City Council)

Engagement Events

14:00 – 16:30 Summit Fringe Activities / Events

N.B. Details of all fringe events are included as an appendix.

Attendees are invited to attend any of the following activities / events:

- All-Party Parliamentary Group (APPG) on Gambling Harms Meeting (14:00-15:30)
 - Facilitated by; UK Government – Chair of APPG, Carolyn Harris MP

Details on Workshops and Fringe Activities / Events

Day 1 – Session 3

<u>Title</u>	<u>Organisation</u>	<u>Facilitators</u>	<u>Aims</u>
Gambling and Trauma: Slipping Through the Net?	Fast Forward	Donna Brunton & Tina Reuter, Project Officers, Scottish Gambling Education Hub, Fast Forward Dr Christina Dineen, Development Officer, Scottish Gambling Education Hub, Fast Forward	1. To better understand links between childhood trauma, gambling and associated harms 2. To explore key considerations and implications for education and prevention with children, young people and other vulnerable groups. 3. To introduce and highlight the value of Trauma Informed Practice and the Recovery Model Lived Experience: We will share anonymised case studies, provided by treatment providers that clearly demonstrate links between gambling and trauma and use this to frame the discussion when exploring key considerations and implications for education and prevention.
Suicide Prevention and Tackling Gambling Harms	Glasgow City Suicide Prevention Partnership Group	Michelle Stebbings (Gambling with Lives) Pauline Toner (Glasgow City Suicide Prevention Coordinator) Hilda Campbell (COPE Scotland)	Raise awareness of the link between gambling harms and suicide and share the work that is being done on a multi-agency level to reduce the risk to lives. 1. Gambling with Lives will present on the harms of gambling through the lived experience of people who have lost a loved one as a result of suicide. They will raise awareness of the dangerous effects of gambling on mental health leading to a high risk of suicide, and will challenge the responsible gambling narrative. 2. Glasgow City Suicide Prevention Partnership (GCSPP) will highlight the need for a multi-agency approach to training, and will provide information on the range of current suicide prevention training and awareness raising modules. We will provide an update of face-to-face Living Works suicide prevention training. We will also provide some information on the support that is available in the city for those at risk of suicide. 3. COPE Scotland will share the Jigsaw Toolkit, which enables people to have conversations around gambling harms. This tool can be used to interact with individuals, groups or families/tenants of housing associations to support them in sharing what they think is needed in reducing the impact of gambling related harms. 4. There will be a panel discussion to allow for questions and interaction from attendees

Gambling Support Service	Citizens Advice Scotland (Airdrie)	Lynn Dymock	Raise awareness of Gambling Harm, and the advice & support available for Gambling Harm and associated issues.
Gambling Related Harm in Criminal Justice	Beacon Trust, RCA Trust, Glasgow City HSCP	Brian Faint, Andy Todd, Neil Platt and Michelle Hunt	<p>The aim of this workshop is to discuss the findings of listening exercises carried out with front line colleagues across the justice journey in Glasgow to understand their experiences of supporting clients experiencing harm from gambling and to identify potential actions that could be taken to prevent and reduce harm from gambling in justice settings in Glasgow.</p> <p>The Beacon Trust will share lessons learned in the development and delivery of a criminal justice diversion pathway in 10 police forces in support of criminal justice partners. RCA Trust will share details of an accredited qualification developed through the RSPH. A facilitated discussion will explore how this learning could apply in Glasgow.</p>
The View from Below	The Machine Zone and chatterscotland.org	Martin Paterson, Chris Lee and Adrian Bailey (Directors, The Machine Zone)	<p>The presentations will be:</p> <ol style="list-style-type: none"> 1. Peer support. Chris Lee founded Chatter Scotland which is a service which offers peer support. 2. Film. Martin Paterson will describe the drama documentary film One Last Spin currently in production. He will show a short excerpt. The film will be screened at community venues in Glasgow and thereafter throughout Scotland. 3. The website Gambling Watch Scotland will be described by Adrian Bailey. This is part of The Machine Zone's work on raising awareness, support, key issues in gambling harms and anti-stigma initiatives. <p>AIMS</p> <ol style="list-style-type: none"> 1. To present examples of community activism around gambling harm: peer support, awareness raising, campaigning. 2. To identify potentials for, and present obstacles against, collaboration between grassroots lived experience work and other stakeholders such as public health, council, formal health and social care, third sector organisations such as the Alliance. 3. To discuss ways to encourage community awareness and activism.
From Theory to Practice: Using an Evidence-based Theory of Change to Measure Impact in Reducing Gambling Harms in Glasgow	Gambling Research Exchange Ontario (GREO)	Jess Voll	<p>This session will present the theory of change for a whole systems approach to reducing gambling harms in Glasgow. In this session participants will:</p> <ol style="list-style-type: none"> 1. Gain insight into what a theory of change is and why it's a valuable evaluation tool; 2. Learn about the steps taken to develop a theory of change for a whole systems approach to reducing gambling harms in Glasgow; and

			3. Understand the key components of the theory of change for the whole systems approach to reducing gambling harms in Glasgow, including its implications for a future evaluation.
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Day 2 – Session 5 (Workshops repeated in Round 1 and Round 2)

Title	Organisation	Facilitators	Aims
Reducing gambling harm in the workplace	NHS Greater Glasgow and Clyde	Navid Foroutan, Sophia Buts	<p>Session objectives:</p> <ol style="list-style-type: none"> 1. Develop an awareness of the signs of problem gambling 2. Recognise the importance of using appropriate policy and process to reduce gambling harm. 3. Develop confidence about supporting employees affected by gambling harm. 4. Develop an awareness of the support available for managers, and also for employees affected by gambling harm. <p>Aim/Big Idea: To raise awareness of the impact of gambling harm in the workplace and to improve knowledge and understanding of best practice in supporting employees and reducing gambling harm in the workplace.</p> <p>Content of the workshop: The workshop will be presented on Microsoft Teams using a PowerPoint format to guide the discussion. The workshop will be highly interactive and will include two breakout rooms for participants to discuss key areas such as:</p> <ol style="list-style-type: none"> 1. How can problem gambling affect employees' work life? 2. How can employers support staff affected by gambling harm and what challenges might workplaces face in supporting staff affected by gambling harm? <p>Other key topics covered in the workshop will include:</p> <ol style="list-style-type: none"> 1. Designing workplace policies to reduce gambling harm at work 2. Home working and its link to gambling harm
A Creative Approach to Gambling Education and Prevention	Fast Forward	Warren Hughes, Project Manager, Scottish Gambling Education Hub, Fast Forward	<ol style="list-style-type: none"> 1. To share local, national and international examples where creative and inclusive approaches (such as theatre, film, interactive games) have been used in the education and prevention of gambling and other risk-taking behaviours 2. To discuss challenges and opportunities with using the arts and other unconventional approaches to prevent harm among children, young people and other vulnerable groups 3. To explore key considerations and implications for evaluation and demonstrating impact <p>Lived Experience involvement: We will be sharing and promoting at least two examples of creative approaches to education and prevention that have been developed by members of the lived experience community.</p>

<p>An Introduction to Gambling Related Harms and GamCare Treatment Services</p>	<p>GamCare Scotland</p>	<p>Lisa-Marie Patton Team Leader GamCare Scotland</p> <p>Charlotte Robb Training Engagement Lead Women's Program GamCare Scotland</p> <p>Natalie McNulty Treatment Practitioner Glasgow GamCare Scotland</p>	<p>Professionals connected to the referral treatment pipeline will have the opportunity to engage with information on gambling related harm, and share experience of treatment and service provision for those experiencing gambling related harm</p> <p>Individuals with lived experience of gambling related harm, directly or as affected others, will have the opportunity to share their experience with professionals and each other</p> <p>In a co-productive atmosphere, all participants will have the opportunity to share experience, insight and thoughts around the experience and treatment of those experiencing Gambling related harm</p> <p>Issues including understanding risk, effective support, access and barriers to provision will be explored from all perspectives, with a view to enhancing knowledge and improving provision and thus lived experiences</p> <p>Consideration of the associated yet distinct realities of those experiencing gambling related harm and affected others anonymised case studies offer insights for all participants and promote understanding among those living with the reality of gambling harm</p> <p>Workshop may make use of Breakout Rooms.</p>
<p>Involving Experts by Experience in Reducing Gambling Harms</p>	<p>National Gambling Harms Lived Experience Network (Development Panel)</p>	<p>Mark Conway</p>	<p>To bring greater understanding to the relevance, value, methods, and levels of engagement when involving Experts By Experience in the planning and delivery of strategies designed to contribute to the Reduction of Gambling Harms.</p> <p>This workshop will be led from a Lived Experience perspective and will explore themes including:</p> <ul style="list-style-type: none"> • Defining Lived Experience in a Gambling Harms context • The benefits which involving Experts by Experience brings to organisations - and vice versa • Levels of engagement – how and where Lived Experience involvement can interface • Dynamics of co-production • Where and how to find Experts by Experience • Safeguarding and Remunerating Experts by Experience

The Journey to Evaluative Thinking: A Threefold Approach to Building Evaluative Capacity in Support of a National Strategy	Gambling Research Exchange Ontario (GREO)	Jess Voll	<p>This session will present Greo's evaluation capacity building model and approach in support of the National Strategy to Reduce Gambling Harms. In this session participants will:</p> <ol style="list-style-type: none"> 1. Learn about the need for and importance of building evaluation capacity across Strategy stakeholders; 2. Discover Greo's evidence-based evaluation capacity model and its role in supporting Strategy partners; and 3. Understand how Greo is using this model in practice to help partners measure the impact of their initiatives.
Integrating the prevention of gambling related harms – opportunities for local government in Scotland	COSLA	Mike Callaghan	<p>Share the experiences of local authorities across Scotland in developing approaches to preventing gambling harm</p> <p>Explore the potential for an enhanced offer from local authorities in relation to preventing gambling harm</p>

Fringe Events, Monday 13 September 2021, 09:30 – 12:00

<u>Title</u>	<u>Organisation</u>	<u>Facilitators</u>	<u>Aims</u>
Tackling the Most Serious Forms of Gambling Disorder (11:00-12:00)	Gordon Moody	Dragos Dragomir Clinical Director, Gordon Moody / Kevan Mailey GM support worker/EbE	To share lessons learned from 50 years of treating those most profoundly affected by gambling disorder, and offer insight into how this group may be better connected to the treatment and support they need / To learn from local experience of severe gambling addiction

Fringe Events, Monday 13 September 2021, 16:30 onwards

<u>Title</u>	<u>Organisation</u>	<u>Facilitators</u>	<u>Aims</u>
Gambling with Lives – Education Programme Launch - Live stream (16:45)	Gambling with Lives	Gambling with Lives	Launch of education programme including speakers and the premiere screening of the film at the core of one of the education modules.

Fringe Events, Tuesday 14 September 2021, 14:00 – 16:30

<u>Title</u>	<u>Organisation</u>	<u>Facilitators</u>	<u>Aims</u>
All-Party Parliamentary Group on Gambling (APPG) Harms Meeting (14:00-15:30)	UK Government	Carolyn Harris MP (Chair of APPG)	To inform APPG of the issues raised during the Summit & To discuss treatment and support in Scotland.