

Drumchapel Thriving Places
Breakfast & Blether
Thursday 22nd July 2021
10am
Microsoft Teams
MINUTES

Attendance:

Tracy Mckenzie (Thriving Places)
Elspeth Kerr (Councillor)
Margaret O'Donnell (Glasgow Communities and Libraries)
Will Thomson (G15 Buses)
Joan McDonald (NWHIT)
Eric Duncan (NWHIT)
Mhairi Shepherd (NWHIT)
Iain Corbett (CNS)
Ted Scanlon (Thriving Places)
Lyndsay Borland (NWHIT)
Sara Vanatta (CNS)
Mark Langdon (Glasgow life)
Robert Reid (Pineview HA)
Meera Jodhawat (JBG)
Carol Smith (Fire Scotland)
Karen Venables (NRS)
John Docherty (Office manager for Bill Kidd)
Tracey Groom (CHSS)

1. Welcome – Eric

Eric thanked and welcomed all who attended the meeting. Asked everyone to introduce themselves and explain what they do in the community.

2. Thriving Places Update – Charles Bailey / Ted Scanlon

The Thriving Places Team submitted a bid to The National Lottery that would see them through to 2024. They were successful in receiving £50,000 per year, this is to pay Tracy and Charles' salaries, and build on prospects for Drumchapel. All ten Thriving Places posts (such as Ted) are funded by HSCP and GCC. We now have the possibility of tackling our community connecting plan as the funding covers 4 editions of the Drumchapel News each year that will be sent to every household in Drumchapel and electronically. We will support community gatherings regarding various issues such as, spare/ derelict land, which will be under the leadership of the Drumchapel Community Council. We will support Friendship house, ESOL classes, Activate each year with the possibility to begin a community development course at Glasgow University which will help people become local leaders, Participatory Action Research for the upcoming community hub. There is £20 million for hubs around Glasgow and for Drumchapel the Community Council will take the lead with support from Thriving Places.

We will also be taking individuals who we have helped during the recovery process to Ayr on the 4th August.

And we now have the possibility to rethink / reinvent and achieve what people want to see.

Regarding the Recovery fund we still have funds from the uplift which is vouchers for those who need help with food or white goods.

Eric – Great news on securing the funding from The National Lottery and the Activate course is a great opportunity for those wanting to do Community Development.

Mark – Maryanne from St Clare's is keen to start the parents group again. Tracy shared some information for the parents group that she is trying to establish for the Children and Families Network. . The group will feed ideas, issues and suggestions to the network to allow the organisations involved in the network to ensure they work they do is driven by the needs of local people. The network consists of local groups/organisations from public and third sector that discuss issues and implement solutions that are suited for children and families in Drumchapel,

Iain – Asked if the We Journey Together sessions could be made more child friendly so it can be delivered in schools. Mhairi – WJT resources are online with tools that people can access about asylum seekers and refugees. If people have any questions or help please get in touch. Joan – get in touch with Govan Community Project as they launched WJT and could possibly have information for children.

Mark – Karen might be on top of this regarding COP26. Growchapel and friends of Drumchapel Park are interesting projects going on. There is a lot of stuff also going on at a higher level and I was wondering if Thriving Places could have a role in supporting this. Cllr Kerr – Ullapool has herb boats that look like planters that look really good. Karen – there will be a group having a 'walkabout' Drumchapel to have a look at the vacant and derelict land. Ted – can you let Thriving Places and DCC know when this is happening.

Will – one initiative in G15 is for services to schools. One idea is St Peters the Apostle high school in Clydebank. With August seeing the start of no car zones we would like to assist children getting to school safely. Any assistance or help in doing this will be appreciated.

3. Member Updates:

- Lyndsay Borland – NWHIT – Presentation (10 mins)

Early intervention and prevention of childhood obesity in pre-school children - Thrive Under 5

Background:

- **Scottish Government (SG) ambition** is to halve childhood obesity by 2030
- **SG delivery plan outcome 1:** Children have the best start in life - they eat well and are a healthy weight
- 24.4% of Primary 1 children in Glasgow at risk of overweight or obesity
- **SG funding** to strengthen support from birth to Primary 1 to reduce risk of overweight and obesity
- **NHSGGC awarded £187k** for 1 year pilot to be delivered in Glasgow HSCP
- **Target population:** pre-school children and families in three neighbourhoods (one per HSCP locality)
- Proposal supports the delivery of the **Glasgow City Food Plan** (launched June 2021)

Purpose

Pilot a whole system, community food nurturing programme with families of pre-school children combining action on food insecurity, healthy eating and physical activity in three Glasgow neighbourhoods.

Aims

1. Develop and expand partnerships between family support organisations and families to address local food issues
2. Reduce food insecurity by maximising income, enhancing connectivity of the food supply chain, improving access and choice of affordable healthy food
3. Address personal challenges with food by offering referral to appropriate healthy weight supports
4. Support families and communities to enjoy and celebrate food, by creating different food and eating experiences

Key areas of work

1. HSCP Children's Wellbeing & Mental Health Group has endorsed three recommended neighbourhoods with a 1 x Health Improvement Senior for each area
 1. **South:** Priesthill, Househillwood, Nitshill and Pollok
 2. **North East:** Ruchazie, Garthamlock and Cranhill

3. **North West: Drumchapel**
2. Support development of **Neighbourhood Food Networks** to map local food systems and develop action plan
3. Provide appropriate **food and nutrition training** for key stakeholders to help them support local families
4. Develop **pathways for families** to money advice, food pantries, community food initiatives, growing projects
5. Delivery of **meal packs with recipe bags** to families (across three participating neighbourhoods)
6. **Small grants fund** to support families to cook at home (e.g. for fuel and cooking equipment)
7. **Online cooking demonstrations** and food education for families
8. **Social media campaign** to be implemented via local organisations / services communication channels to promote: Money advice (inc Best Start Foods), healthy weight / childsmile / physical activity programmes, food access, breastfeeding support
9. **Online Hub** for families to promote access to pre-5 physical activity opportunities (including online activities)

Governance and evaluation

- Project plan developed
- Health Improvement Lead will oversee implementation supported by a Steering Group
- Initial Steering Group members include NHSGGC Public Health, HSCP Health Improvement, Children's Services (Health & Social Work), Glasgow Centre for Population Health & Glasgow Community Food Network
 - HSCP Children's Wellbeing & Mental Health / NHSGGC Child Healthy Weight groups provide strategic direction and governance
- Glasgow Centre for Population Health are developing and will deliver the evaluation framework

Next steps

1. Mapping of potential stakeholders & key structures has taken place in the x3 areas and will be added to on an ongoing basis
2. Health Improvement Seniors are in process of engaging with neighbourhood stakeholders to confirm local support and feasibility of the work (This includes Health Visiting Teams, Social Work, Education and Third sector organisations)
3. Launch events scheduled for late Aug/early September

4. Implementation of the full project plan/areas of work

Cllr Kerr - how much lockdown had affected obesity. Lyndsay – No idea yet, still waiting on the stats. John – why is the only 1 area in the North West? Lyndsay – Drumchapel is a large area with a lot of challenges, this is a 1 year pilot and we are keen to see how it evolves. Mark – It is exciting to hear of this project but sometimes it feels like de-ja-vu so the question is what can we do differently as this is always reoccurring, how can we adapt the way we work to address this more efficiently. Eric – will get Mhairi to speak with Lyndsay.

- **Hilda Campbell – COPE Scotland – New website (10 mins)**

Sent apologies

- **General updates/ Information sharing**

Iain – Drumchapel Early Years Network has rebranded itself to Drumchapel Children and Families Network. The next full network meeting will take place on Thursday 23rd September and will be on zoom. We will do updates from the members, parents forum and new services as well as group discussions and activities.

Mhairi – Mental Health Network has 2 forums / networks. They help us to think about what our approach and next steps will be when dealing with suicide. It has information on how to talk about suicide safely online and resources to help those who live and work with those how are affected by it.

Margaret – Glasgow communities and libraries, Drumchapel library is open and one of the first to recover since lockdown. However, people accessing the library is not high enough. There is activity packs available and the services at the moment are not face-to-face but there is online classes which the tutors have maintained during lockdown. Please look at our green area around the library for ideas regarding the herb boats. Iain- asked if there is any space in the library that could be used. At the moment there is no space in the venue but there is a public space, however, we could look at a night the library is closed and maybe try that.

Karen – Growchapel is looking to be opened in the next 3/4 weeks. Currently drainage, compost toilet, polytunnel and 22 growing spaces are complete. We are also working on the sitooterie, various planting shrubs etc and seating area. We have launched our new Growchapel Storyboard where you'll find updates on the site, development pictures and progress plans as we move forward.

The new Growchapel Storyboard can be accessed here or through the above Allotments link: <https://storymaps.arcgis.com/stories/4bf761ca6a954ed2aaf1996bf40e2bee>

Tracey – CHSS. We are hoping to be open on 30th August which will confirmed as soon as it is in black and white. Linda is on her first week back since the shop closed. Numbers for the hub are also limited.

4. D.O.N.M

Tuesday 31st August @ 10 am