

PDC Thriving Places Steering Group

3rd December 2019 At 10:00am



Barrowfield Community Centre 67 Yate Street

Agenda

Item Number	Report Title	Presented By
	Apologies	Cllr Greg Hepburn (Chair)
	Disclosure of Interests	Cllr Greg Hepburn (Chair)
1.	Approval of the Minutes of 15th May 2019	Cllr Greg Hepburn (Chair)
2.	Matters Arising	Cllr Greg Hepburn (Chair)
3.	Rose Voucher Scheme (Verbal)	Louise MacKenzie, GCC
4.	PDC Final Action Plan (Approval)	ALL
5.	PDC Thriving Places update (Report)	Meabh Bradley, WSHA
6.	Health & Wellbeing Sharing Event (Verbal)	Nichola Brown, GHSCP
7.	Future Steering Group Membership (Discussion)	ALL
8.	Future Funding PDC (Discussion)	ALL
9.	Proposed Meeting Dates for 2020 (Approval) 10am Tuesday 25 th February 2020 10am Tuesday 26 th May 2020 10am Tuesday 25 th August 2020 10am Tuesday 24 th November 2020	ALL
10.	A.O.C.B	Cllr Greg Hepburn (Chair)
11.	Date of Next Meeting –10am on 25 th February 2020	Cllr Greg Hepburn (Chair)





Thriving Places

Steering Group Meeting

Wednesday 15th May at 9.30am 2019

Present:

Cllr Greg Hepburn, Chair (Glasgow City Council), Maisie O'Brien and Sandra Hendry (West of Scotland Housing Association), Derek Speirs, Martin Hawkins (GCC Partnership & Development), Nichola Brown (Glasgow City Health & Social Care Partnership), Jane Horne (Glasgow Kelvin College), Niki Spence (Clyde Gateway), Martin Lundie (Community Safety Glasgow, Andrew McMillan and Jonathan Pickering (GCC Partnership & Development) and Natalya Macholla (Glasgow Housing Association)

Apologies:

Michael Ward (GCC Development & Regeneration Services), Craig Carenduff (Scottish Fire and Rescue Service), Caroline Darroch (GCC Education Services), Collette Carroll (GCC Land & Environmental Services). Sue John (Glasgow Women's Library), Jackie Sunderland (Glasgow Life), Jamie Rodden (GCC Land & Environmental Services), Margaret Crawley (Glasgow Housing Association), Zoe Welsh (Jobs & Business Glasgow).

Item1. Welcome	
Item 2. Minute of the 2019	
The minute of the Steering Group meeting from the 2019 was approved as true and fair reflection.	Approved

Item 3. PDC Community Consultation Presentation	
	:
Jane Horne, Kelvin College presented the summary information in relation to the PDC Community Consultation.	Noted
Qualitative information was gathered over a four month period with a total of 496 one to one consultations being completed. The consultations were split over the three areas as follows:	
Parkhead 272 responses	
Dalmarnock 135 responses	
Camlachie 85 responses	
The Steering group agreed to utilise the priorities identified by the community from the consultation within the development of the new Action Plan.	ACTION
Item 4. PDC Youth Enquiry Presentation	
Sandra Hendry and Meabh Bradley, WSHA presented the summary information in relation to the PDC Youth Enquiry Consultation. This work was undertaken by Urban Fox and Parkhead Youth Project.	Noted
The Steering group agreed to utilise the priorities identified by the community from the consultation within the development of the new Action Plan	ACTION
Item 5. PDC Thriving Places Update	
Meabh Bradley, Community Connector WSHA presented an overview of the work currently being undertaken by the PDC Thriving Places Team.	Noted
Item 6. PDC Budget Update	
Maisie O'Brien, WSHA presented an overview of the currently status in relation to the Thriving Places funding profile and the proposed budget headings informed by the development of the action plan.	Noted
Item 8. HSCP Health and Wellbeing Survey Results	
Nichola Brown, GHSCP presented an overview of the PDC health boost survey results. The Steering group agreed to utilise the priorities identified by the community from the consultation within the development of the new Action Plan	Noted
Item 9. Locality Planning Update	
Derek Speirs, GCPP provided presented the summary information in relation to the Locality Planning requirements. The Steering Group agreed that the next meeting would be fully committed to the development of the action plan.	Noted

12.	Date of next meeting- 24 September 2019	



日本の	THE REAL PROPERTY.	Facilities	lities and Family Services			
Objective	Specific Action (s)	Measure(s) of progress/ success	Evidence of need/baseline	Resources	Timescale	Lead/ Reporting Responsibility
1 Increase the	a) Promote online services	Monitor access to local digital support services which build capacity and increase access to online services	PDC Thriving Places Consultation 2019	All partner organisations – PDC Thriving Places Team / WSHA / Glasgow Life / Glasgow Kelvin College etc.	Ongoing 2020/21	West of Scotland Housing Association (Maisie O'Brien)
of local venues	B) Support the engagement around the future of the Legacy Hub (Dalmarnock)	Community Engagement Strategy Outcomes informing the operation of the legacy hub	PDC Thriving Places Consultation 2019	PDC Thriving Places Steering Group / Glasgow Life / Clyde Gateway	Long term. Zyrs +	Glasgow Life (Norman Ferguson / Kirsty McQuillan)
2 Increase engagement	a)Promote North East services to organisations and residents	Monitor usages and access to pathfinder and elsewhere online and report back to PDC Thriving Places Steering Group	PDC Thriving Places Consultation 2019	Glasgow Kelvin College / All Partner Organisations	Ongoing 2020/21	Glasgow Kelvin College (Craig Green)
with local people	b)Install community noticeboards in strategic areas	Measure feedback from local community on increased access to information within local	PDC Thriving Places Consultation 2019	Community Connector / PDC Thriving Places	December 2019	West of Scotland Housing Association (Maisie O'Brien)

OFFICIAL 1

		community		-		
Objective	Specific Action (s)	Measure(s) of progress/ success	Evidence of need/baseline	Resources	Timescale	Lead/ Reporting Responsibility
3 Increase public and private amenities within the area	a)Conduct an audit of small shops in the area and source funding to commission a feasibility study for local shops (Dalmarnock)	Complete desk based research to scope new developments in the area which will address this need. Produce report and share with residents and Steering Group	PDC Thriving Places Consultation 2019	Community Connector / PDC Thriving Places Team / WSHA Community and Support Services Team / Clyde Gateway / Glasgow City Council	December 2019	West of Scotland Housing Association (Maisie O'Brien)

Objective	Specific Action(s)	Measure(s) of progress / success	Evidence of need / baseline	Resources	Timescales	Lead / Reporting Responsibility
4 Increase provision of services for children, young	a)Source funding for play staff to develop children activities at Barrowfield Community Centre	Seek to provide regular organised activities	PDC Thriving Places Consultation 2019	Community Connector / PDC Thriving Places Team / Funding / WSHA / Glasgow Life	March 2020	West of Scotland Housing Association (Maisie O'Brien) / Glasgow Life (Kirsty McQuillan)
people and families	b)Develop calendar of children, youth and	Avoid duplication of services	GIRFEC	Community Connector / PDC Thriving Places	March 2020	Glasgow Life (Norman Ferguson / Kirsty

OFFICIAL 2

McQuillan)	Glasgow Kelvin College (Craig Green / Jane Horne)	Glasgow Life (Kirsty McQuillan)
	Ongoing 2020/21	March 2020
Team / All Partners / Funding Pathfinder	Venues / PDC Thriving Places Team / Funding / Glasgow Kelvin College	Current Children Holiday Funding / WSHA / Baltic Street Adventure Playground / Parkhead / PDC Thriving Places Team
	PDC Thriving Places Consultation 2019 / Health and Wellbeing Boost Survey	School Holiday Hunger Fund
	Success will be determined by the number of people participating in the Awards	Evaluation of provision across PDC area
family activities	c)Deliver Community Achievement Awards to members of the community	d)Evaluating and mapping locations for the Holiday Food Programme during school holidays

Objective	Specific Action(s)	Measure(s) of progress / success	Evidence of need / baseline	Resources	Timescales	Lead / Reporting Responsibility
5 Increase work with socially excluded	a)Develop provision of activities for elderly (Camlachie)	Work has already been started with local residents to identify the type of activities and support required	PDC Thriving Places Consultation 2019	WSHA / Community Connector / PDC Thriving Places Team / Glasgow Life	March 2020	West of Scotland Housing Association (Maisie O'Brien)
groups	b)Develop calendar of elderly activities	Agree a programme of activities across the defined community	PDC Thriving Places Consultation 2019	WSHA / Community Connector / PDC Thriving Places Team / Glasgow Life		Glasgow Life (Norman Ferguston / Kirsty McQuillan)
6 Increasing education and employment opportunities for young people	a)STEM project – weekly club at Barrowfield. STEM Event for wider PDC area to involve both schools & employers	Attendance and engagement from locals. Attendance at STEM Fest in GSC Nov 2019	Community engagement and feedback from schools.	Community Connector / Glasgow Life / GCC STEM Team	Nov 2019	Glasgow Life (Kirsty McQuillan)
7 Improve parent engagement across Early Year, children	Increase parent engagement through children/family activity in PDC area (ie walking bears	Increase parent participation through Pre 5 activities	Parenting Strategy / GIRFEC / Health Statistics	Community Connector / Thriving Places Partners	March 2020	Glasgow Life (Kirsty McQuillan)

and family activities	project, Food and Fun, Bookbug programmes)	Increase parents awareness to engage in various family activities across PDC area			
8 Support local groups / organisations with ongoing sustainability	a)Support Dalmarnock Youth Project	Increased attendance at youth project		Community Connector / Thriving Places Partners / Derek Speirs	Glasgow Life (Kirsty McQuillan)
9 Connecting schools with PDC Communities	a)Ongoing engagement with local schools		GIRFEC	Community Connector	Education Services (Caroline Daroch)

	おいないとは	Environment	Environment and Community Safety	ety		
	Specific Action (s)	Measure(s) of progress/success	Evidence of need/baseline	Resources	Timescale	Lead/ Reporting Responsibility
	a)Identify fly tipping sites and take appropriate action	Engagements / Outcomes / Reduction in reports of fly tipping	PDC Thriving Places Consultation 2019	Analytical products	0 – 3 months (Ongoing)	Scottish Fire and Rescue Services (Jim Scott)
10 Improve the attractiveness of places to live, work and visit	b)Regular reports from NAS, Scottish Fire & Rescue, and Police Scotland on progress of community clear ups, focussing on key areas such as Parkhead Cross, Helenslea Park and derelict land.	Regular street cleaning of highlighted areas in PDC with timetable shared on noticeboards Fixed Penalty Notices issued for rubbish / fly tipping	PDC Thriving Places Consultation 2019	RRT to clear rubbish. Action Plan – Police Scotland, NaS, Wider Partners	0 – 3 months	Neighbourhoods and Sustainability (Barbara Fearnside)
	c)Share knowledge of PDC land ownership & responsibilities for auctioning upkeep and development of land.	Numbers attending surgeries (TP & NAS) and engaging with shared information	PDC Thriving Places Consultation 2019 & Community Surgeries.	Invite DRS to sub-group – compile a comprehensive list of vacant spaces and ownership information along with upcoming HA	0 – 3 months	Community Connector (Meabh Bradley)

OFFICIAL6

	Lead/ Reporting e Responsibility	Neighbourhoods and Sustainability (Barbara Fearnside)	bi- Community Connector (Meabh Bradley)	ed Community Connector 2019, (Meabh Bradley)	Community Connector (Meabh Bradley)
	Timescale	Ongoing	Ongoing bi- monthly	Event completed summer 2019, ongoing	Ongoing
development plans.	Resources	NIES Team – Community and Schools	Sub-group and resident reports	Park Paws / Open day Barrowfield Park	
de	Evidence of need/baseline	PDC Thriving Places Consultation 2019	PDC Thriving Places Consultation 2019	PDC Thriving Places Consultation 2019	PDC Thriving Places Consultation 2019
ded.	Measure(s) of progress/success	Number of clean ups and participants	EVA	Attendees / Group Feedback / Inputs	Stats on number of reports and complaints for PDC
provided.	Specific Action (s)	a)Support community cleanups involving residents and schools	b)Conduct area walkabouts on a bi-monthly basis to identify environmental issues	a)Educate local dog walkers about side effects of dog fouling.	b)Educate local residents & groups to better understand how to deal with neighbourhood issues, & methods of reporting.
	Objective	11 Increase involvement	of local people in improving the environment	12 Increase	environmental awareness

Objective	Specific Action(s)	Measure(s) of progress / success	Evidence of need / baseline	Resources	Timescale	Lead / Reporting Responsibility
13 Increase enforcement	a)Issue fixed penalties to dog fouling offenders	Fixed Penalty Notices issued	PDC Thriving Places Consultation 2019	Community Enforcement Officers Intelligence from Local Housing Providers		Neighbourhoods and Sustainability (Barbara Fearnside)
action	b)Identify current parking & future plans for PDC, in particular regarding match days and resident parking permits.	Consultation feedback	PDC Thriving Places Consultation 2019	Parking and traffic management consultation	Ongoing	Neighbourhoods and Sustainability (Barbara Fearnside)
14 Improve traffic management of the area	Identify designated parking on match days	Consultation feedback	PDC Thriving Places Consultation 2019	Parking and traffic management consultation	Ongoing	Neighbourhoods and Sustainability (Barbara Fearnside)
15 Reduce incivility (drug dealing, drug misuse and drunken disorderly	Provide additional patrols, visibility and CCTV of hotspot areas (Parkhead and Camlachie)	Action plan outcomes	PDC Thriving Places Consultation 2019	Action plan – Police Scotland	6 – 12 months	Police Scotland (Stuart Ash)

Police Scotland (Stuart Ash)
6-12 months
Action plan
PDC Thriving Places Consultation 2019
Action plan
Provide additional police presence on match days (Camlachie)
behaviour)

OFFICIAL

(We will support ou	Cor (We will support our communities to do things for thems	Community Empowerment	nmunity Empowerment elves, and to make their voices heard in the planning and delivery of services)	te planning and	delivery of serv	ices)
Objective	Specific Action (s)	Measure(s) of progress/success	Evidence of need/baseline	Resources	Timescale	Lead/ Reporting Responsibility
16 The local community will be	a)Community Empowerment Roadshows	Participants at local community events (PMF)	PDC consultation; Locality Planning Review	Locality Planning Officer, Community Connector	Recurring. First within 6 months, depending on	Community Connector (Meabh Bradley)
petter intormed	b)Agree Communications Strategy (e.g. dissemination of locality plan, social media blogs etc.)	PDC consultation 2022	PDC Thriving Places Consultation 2019	All partners, social media	February 2020	CES (Derek Speirs)
17 The local community will be consulted effectively	Provide feedback to participants of consultations	Participants at local community events (PMF) Total engagements (social media)	PDC Thriving Places Consultation 2019	All partners	Ongoing	CES (Derek Speirs)

OFFICIAL 10

Objective	Specific Action(s)	Measure(s) of progress / success	Evidence of need / baseline	Resources	Timescale	Lead / Reporting Responsibility
	a)Undertake community engagement exercises across community centres	Participants at local community events (PMF)	PDC Thriving Places Consultation 2019	Community Connector / Glasgow Life	Ongoing	Community Connector (Meabh Bradley)
	b)Identify and deliver community engagement/audience development activities	Collaborative working across communities and organisations	PDC Thriving Places Consultation / Health and Wellbeing Boost Survey	All Partners / Funding / Venues	Ongoing	PDC Thriving Places Steering Group / Partners
The local community will be more involved	c)Establish a signposting project, including opportunities for volunteering	PDC consultation 2022 Residents who have volunteered in the past 12 months (PMF) Case Studies	HWBS; PDC Thriving Places Consultation 2019	Community Connector / Glasgow Life	Project by November 2019. Increase volunteering from 12% to 15% by 2022 (HWBS)	Community Connector (Meabh Bradley) / CES (Derek Speirs)
	d)Establish new community	Residents who	PDC Thriving Places	Community	3 by Feb 2020	Community
		OFFICIAL				

OFFICIAL 11

	groups based on demand and develop capacity building programmes	belong to any social clubs, associations, church groups etc. (HWBS)	Consultation 2019 / Health and Wellbeing Survey Boost Sample	Connector / Glasgow Life / GCVS / CES		Connector (Meabh Bradley) / CES (Derek Speirs)
Objective	Specific Action(s)	Measure(s) of progress / success	Evidence of need / baseline	Resources	Timescale	Lead / Reporting Responsibility
19	a)Deliver capacity building opportunities in community centres (Capacity Building Programme, Keystone)	xx programmes delivered xx local people involved in delivery	PDC Thriving Places Consultation 2019	KeyStone Strategic Group (Karen Latta); Community Council Discussion Forum	Sept 2020	CES (Derek Speirs)
There will be more collaboration between the local community and CPP partners	b)Build community-led decision making structure	Establish PDC Residents Forum. Local representation across the 3 communities.	PDC Thriving Places Consultation 2019	Community Connector; Glasgow Life; CES	February 2020	Community Connector (Meabh Bradley)

attendance Local Local people/groups involved in review. Consultation 2019 plan Regular CESA All partners Consultation 2019 plan		CES (Derek Speirs)
Regular attendance Local people/groups involved in review. Co-produced plan		February 2020
Regular attendance Local people/groups involved in review. Co-produced plan		All partners
		CESA PDC Thriving Places Consultation 2019
and update PDC locality	Regular attendance	Local people/groups involved in review. Co-produced
c)Review a		c)Review and update PDC locality plan







Community Anchor Operational Update

October Week

STATS:

total number of breakfasts provided: 58 total number of lunches provided: 31 total number of dinners provided: 64 total number of snacks provided: 53 total number of sessions delivered 12

STEM Employability Event

Schools involved: St Anne's Primary, Dalmarnock Primary School, Eastbank Primary School, and St Mungo's Academy.

Employers involved: McTaggart Construction, Jobs and Business Glasgow, DYW, Glasgow Kelvin College.

Attendance: 60+

The STEM Employability Event held in the Parkhead Forge on the 2nd Nov and was supported by local schools and STEM employers. **60** attended from local schools, as volunteers for the day and to take part in demonstrations from their school's STEM clubs as well as 6 local employers who took part in the day. The event led to new partnerships being created between local schools and employers – with a view to future collaborations. Additionally, the community participants enjoyed taking part in the day and watching the demonstrations.

Walking Group

10/10/2019: Glasgow West Boathouse Tour: x5 attendees

17/10/2019: Self Led Walk x 6

24/10/2019: Self Led Walk x5

31/10/2019: Glasgow Necropolis Halloween Tour: x10 attendees.

07/11/2019: Self Led Walk x5

The group has been active for 32 weeks and has seen 12 participants. This has led to increased community engagement from participants. In particular, one group member now volunteers weekly at a local community garden, as well as joining in with community tea parties and other events.

Women's Group

09/10/2019: Narrative and Story Telling Workshop: x5 attendees

16/10/2019: Empowerment Workshop: x6 attendees

23/10/2019: Standard Group: x6 attendees

30/10/2019: Halloween Games: x5 attendees

06/10/2019: Music Memories: x5 attendees

The Women's Blether Group meets on a Wednesday from 10am-12pm at Crownpoint Sports Centre and the group has had 10 participants over 22 sessions. The group takes part in health and wellbeing activities, self-care sessions and empowerment workshops, as well as many ad hoc experience-sharing sessions. There has been a perceptible growth in confidence, engagement and bonding amongst the group members and one participant in particular has gone from barely leaving the house to taking part in any local events possible, has a Glasgow Club membership and attends the Walking Tour Group, too.

Communi-Tea Parties

07/11/2019: Communi-Tea Party CaCHE: x12 attendees

Communi-tea Parties occur monthly in PDC and allow community members to take part in an informal gathering with hot drinks, lunch and cakes, while making new friends and learning about what is on locally. There have been 401 participants across all of these events, so far in the last year.. They take place in varied locations around PDC and are done in partnership with other local services/organisations. These sessions have brought together local people of all ages and backgrounds and provided a host of opportunities for local people to engage with exciting projects across the city.

Barrowfield Cooking Programme

The Cookery Class is a weekly group for anyone who wants to learn how to make simple and cost-effective recipes, as well as meet new people. The group also promotes healthy-eating. The group meet at Barrowfield Community Centre on Mondays from 12.30pm-2pm and there are currently 7 participants.

4/11/2019: Cooking Group Week 1: x8 attendees

13/11/2019: Cooking Group Week 2: x4 attendees

Psychic Evening Empowerment Workshops

We held a Psychic Evening in the Cineworld at Parkhead Forge on the 14th Nov. The evening was a great success with lots of new faces, and the medium encouraged participants to take part in one of the follow-up empowerment workshops. **80** people attended the Psychic evening and **12** people have attended the first 2 sessions. The final one is planned for the 7th Dec. Those who have attended the workshops so far have reported a significant rise in their self-confidence and positivity and many said that the workshops gave them hope for the future. We will be following these up with more roadshow workshops in January.

Phoenix Boxing Open Day

19/10/2019: Open day: x6 attendees.

1	Dalmarnock Legacy Hub Working Group
1a	I have been supporting the Working Group starting early discussions with community members and partners under the lead of Kirsty Collins from the GCC Transformation Team. There have been 2 meetings so far which I have helped to involve local community members and encourage them to attend.
1b	Also explored whether there might be funding options to explore Dalmarnock Youth Project being able to use the space in the Hub in the meantime. These have been purely speculative so far.

2	Consultation feedback partnership event with HSCP on 29 Nov
2a	Over 30 participants, from the local community to delve deeper into the recent consultations done in the area.
2b	

3	
За	
3b	

5	Health & Safety
(4a)	Have a complete folder with Risk Assesments for our own events, but also now for all partners who deliver activities as part of holiday programmes and input to community events. This also includes PVG numbers where relevant, Public Liability Insurance details and Child Policies.

7	Barrowfield Youth Programme
7a	Over 12+ Youth Programme now in it's 14 th week with average attendance of 15 participants already. Taking a strong blended partnership approach, SSF are providing the youth workers for this, with the second block of activity almost complete (Street Dance) and Xmas activities planned.

7b	There is still a high and urgent need for activities for Under 12s in Camlachie and so we have looked at having a computer club restarting on Tuesdays in the New Year once the current STEM club is finished.	
7c	STEM event was very successful, see above.	1

8	Future Focus & Plans
8a	Xmas Communi-Tea Parties in Parkhead Schoolhouse on 11 Dec in partnership with Parent Network Scotland.
8b	Santa Brunch event 20 Dec & Supporting wider WSHA/Willowacre team with Xmas activities
8c	How to encourage and support both Walking and Women's group to be more independent from Community Workers – future proofing.
8d	Continuing to sign post and develop strong partnerships with local groups and organisations.
8e	FOOT project – Families Out On Tour – concentrating on Parkhead and led by a Parkhead parent who wants to feel more of a connection with local families and to know more about opportunities in the area. The project will introduce families on a weekly occurance to a new group within walking distance of Crail St. October trial was not successful due to dark nights amongst other factors and so we will retry in Spring.



Parkhead/Dalmarnock/Camlachie Thriving Places Update

Thematic Sub-group:	
Community Engagement: Please include any engagement activity undertaken, method of engagement, number of people engaged and details of findings.	
Action(s): Please refer to the action plan and detail which action is being addressed.	
Activitie(s): Please provide a brief overview of the activities conducted including the target group and where and when activity has been delivered.	
Outcome(s): Please refer to the monitoring framework and indicate the Thriving Places outcome(s).	
Outputs: Please detail the outputs for any activities undertaken (e.g. number of individual people the project has worked with, number of sessions delivered etc.).	





Community Anchor Operational Update: August 2020

1	2020 Focus for PDC
1a	The focus for Thriving Places PDC in 2020 was to help encourage more community groups and expand on participation for the now well established and self-sufficient Women's Blether Group (10 individual participants over 22 sessions in 2019), Weekly Walking Tour Group (12 individual participants in 2019), and the Empowerment Group (average of 15 individual participants over 4 sessions Feb and March 2020). In turn the aim was, and still is, to facilitate a more general PDC resident's forum. This forum would focus on general issues affecting PDC residents and feed directly to the PDC Thriving Places steering group. I was also hoping to continue to nurture and support individuals locally to become more empowered and active within their community, and to raise, report and act on issues with confidence. We also had hoped to increase participation at community events such as the regular Communi-Tea Parties and other opportunities to get local residents together and connected to one another.
	During the pandemic some of these were able to be supported well online. This has encouraged us to try to introduce the PDC Residents forum online, and start a Facebook Group initially as feedback has been that this is more user friendly to use as an engagement tool at present. As part of a general consultation by telephone across the area which we started in July, 100% of those we have spoken to have said they want to stay informed and would like to a part of the PDC Residents Forum and would welcome further engagement and to participate online.
1b	Covid 19 Response
	The pandemic has intensified our focus on mental health and to encourage individuals to take steps to look after their mental health as well as physical. The local community were quick to respond to look after one another in Lockdown and to ensure vulnerable neighbours were receiving help and support, particularly with regards to access to food. We were also able to contribute to this by delivering hot meals generously donated by Parkhead Mecca Bingo to on average 30 local residents, twice a week by car. On top of this the Thriving Places team made up and distributed 90 Well Being kits to families highlighted to us as most in need, and having limited digital access. We will continued to update these kits throughout the summer and they proved an effective icebreaker enabling us to engage and build rapport with families across the area from their doorstep.
	The concern at this stage is that affects on mental health will be continue for a long time after lockdown, in particular for those residents who were already isolated and experiencing loneliness before the pandemic forced them into a further lockdown. In response to this we have accelerated the amount of advice and support we can connect people to via social media, but also by post and phone. We are aware of a large proportion of the community who do not

have digital access for one reason or another. We have been communicating with other groups and organisations locally to make sure to make connections and signpost where gaps are identified, and efforts can be combined to greater effect.

2 New Groups & Opportunities

2a Digital Pen Pals

This was a project originally being planned with support from FARE at St Mungo's Academy. Once the schools were shut this project became much more relevant and prominent, with the pupils wanting to help older residents suffering from loneliness under the lockdown. 2 new people have signed up this past week and we hope that this will continue for some time. One participant has fed back that the letters she receives a the only things she had to look forward to when she was self-isolating, and that thinking about what she could reply with kept her mind busy.

- 4 school pupil volunteers (3 active)
- 3 service users
- 15 letters exchanged

2b Mindfulness

Following on from the successful introduction sessions in February (6 participants) and March (15 participants), we facilitated 2 further Intro sessions and an online 4-week block. The initial block ended with 7 participants. The feedback has been very positive and doing it online worked really well for the group, although did make it harder for all participants to commit to attending every single session, sometimes due to technology letting them down.

We are ready to arrange another block once we have another 2 or 3 people signing up.

2c Virtual End of Term Party

The TP team held 2 online events via Facebook on 23 June 2020, as a result of conversations with local parents who wanted to do something to mark the end of a difficult and stressful term which mostly involved home-schooling and being in lockdown. The live party itself was a great success with around 10 families taking part live, and many local partners contributing by posting and sharing with the events on Facebook and making specific videos for families to watch and interact with together.

Total engagement over the 2 events was 251 individuals! Most of the families who took part have stayed in touch via social media and telephone and we have been able to signpost and connect them to other services across the communities that they hadn't been aware of previously.











3	TP Community Workers recruitment
3a	Yvonne Liddell joined the team full team as Community Worker on March 18th and is
	settling in great despite working from home and lockdown.

4 **Dalmarnock Legacy Hub Consultation** 4a The team have been supporting the Working Group discussions with community members and partners under the lead of the GCC Transformation Team regarding the potential future for the Legacy Hub. The next step was to take the suggestions, ideas and options that the working group have explored to the local community. Thriving Places will organise, host and lead 3 further consultation events in The Legacy Hub with local residents to ensure this is shared and communicated, and that the opinion of the local community is also gathered and recorded. Having halted this under Covid 19, we only started the consultation in July by telephone and have been calling local residents to see if they are interested to complete the online survey, or share their suggestions on the potential future of the Legacy Hub with us. https://surveys.glasgowlife.org.uk/s/dalmarnockhub/ The telephone consultation is part of a larger engagement exercise/ conversation and also includes: 1. Inform and gauge interest of a potential new fruit & veg project in the area in conjunction with the Rose Voucher scheme 2. Invite residents to join the PDC Residents Forum and discuss how this will work. 3. Inform and ask suggestions for what the upcoming Big Bounce science festival in November to be held at The Barras should involve for local interest. 4. To gain permission for partners from HSCP to get in touch as part of 'Community Conversations' about how residents were affected by Covid-19 and lockdown.

5	Women's Blether Group
5a	The Women's Blether Group used to meet on a Wednesday from 10am-12pm in Parkhead Congregational Church. We set up a WhatsApp group for the Women's Group and by phone have been giving instructions, encouragement and lessons on how to use this platform to stay connected. As the majority of the group are aged 60+ this has been a challenge but over time they have really got the hang of it and it is evident that is something of a lifeline to keep them in touch. The group post daily positive and motivating photos and messages to each other, including pictures from their daily walk, and show off knitting, crochet and jewelry projects. We also set up a private Facebook Group that each member has joined, and we now connect with a video call via this each Friday morning. This has enabled 2 new members to join the group. Everyone has reported back that they are well and coping fine with the new circumstances but greatly enjoy staying in the loop, and the weekly video calls have been very helpful in managing mental health.

ĺ	5b	The group now has 23 members (more than double than December) with most
		participants attending weekly. The weekly video blether groups have also had guest
		members from Parent Network Scotland and Lifelink, which has enabled the sharing of
		opportunities such as the online Wellbeing Course run by Lifelink.

6	Walking Group
6a	Having paused until guidelines allowed it to be back up and running in recent weeks, the members had been staying in touch however and still out walking solo. We plan to relaunch this to encourage new members to join in coming weeks.

7	Community Covid Support Activities
7a	Hot Meals with Mecca Bingo Parkhead Families were identified and referred for support via WSHA, PNS and With Kids. The TP team collected individually boxed meals from Harry Ramsdens and delivered to doorsteps across PDC communities, every Tuesday and Thursday over 8 weeks.
	 488 meals delivered total 15 delivery dates Wellbeing Kits:
	These included items that were reusable and would support at home learning / boredom busters for all ages, such as white boards and markers, games and activities, kitchen window veg growing kits, mindfulness prompts
	9 delivery dates90 packs delivered

8	Holiday activities in Barrowfield
8a	Easter plans had to be cancelled, however Thriving Places did partner with a local support group to deliver crème eggs to every door in the neighbourhood as engagement to offer support and signposting opportunities for help.
8b	The TP team assisted with the provision of meals to the young people in the neighbourhood in lieu of the Youth Club running inside the Community Centre where they would have previously counted on getting a meal at twice per week.

9 Networking Breakfasts The TP team have restarted the local monthly networking breakfast, to share and find out more information first-hand about what services and updates are taking place across the PDC community for partners. Now hosted via Zoom, the event has on average 15 participants and has run February, March, and one online in June.



10	Future Focus & Plans
10a	Continue community conversations and supporting the families who engaged with TP throughout the summer. We are planning a series of small community engagement events which will incorporate learning about responsible hygiene behaviour, cookery demonstrations and digital drop ins throughout September into October. These will all be collaborative events outdoors, and for no more than 4 households at a time.
10b	The longer-term focus for 2020 is the establishment of the PDC Residents Forum. It is hoped that many of the participants of the regular women's and walking groups will join those who complete the empowerment groups to form this wider, more general forum. The aim of the forum will be to gather the opinions and concerns of residents and plan actions together to inform future development and change locally. This should inform the TP team in how best to support and assist with making Parkhead, Dalmarnock and Camlachie feel like good places to live, learn, and work in, where people feel connected and that they have access to the same opportunities as people from other parts of the

	city.
10c	Continue to support both Walking and Women's who are now both self-sustaining with only a 'light touch' approach needed from Community Workers to input monthly.
10d	Continuing to sign post and develop strong partnerships with local groups and organisations.
10e	Rose Voucher Scheme roll out end of September, starting with a goal of supporting 30 local families who are eligible for the scheme to receive vouchers for fruit and vegetable which they can access from the market in Bridgeton. We want to involve other local organisations to be part of the project once it is smoothly up and running.
10f	All activities moving forward will have a focus on how to collaboratively upskill the community, and improve Health & Wellbeing, Digital Access, and Community Resilience as we move forward from Phase 3 of guidelines.