

Springboig and Barlanark Thriving Place



October 2017

Welcome to Springboig and Barlanark Thriving Place

Thriving Places was introduced in Springboig and Barlanark to help improve the quality of life of people who live and work here. This can mean trying to improve health and wellbeing, community safety, education, employment, income, housing, the local environment or access to services. It can also mean encouraging local involvement in decision making.

A key part of Thriving Places is providing services with people, not to people. This means engaging with communities using a grass roots approach to deliver the right services in the right places to meet local needs. A Community Organiser was recruited in May 2017 to help local communities get involved in Thriving Places. This means that Thriving Places is just getting started here.

This 10-year plan will tell you more about what Thriving Places is doing in Springboig and Barlanark. It is based on consultation with local people over the last year. This is a living plan, which means that it will change as more local people get involved and the work progresses.

Local communities have to be meaningfully involved for the plan to work. Without local communities and our partners working together we cannot achieve what the plan sets out. Local organisations are already involved in the Springboig and Barlanark Steering Group and we are keen for local people to join too. This plan should be relevant for people who live and work in the local area and there are plenty of opportunities to be involved in different ways. This could mean setting up or joining a community group, joining a club, attending meetings, volunteering or just telling us what you like or what you would like to change about the local area.

We recognise that local communities are made up of a mix of people, from children and young people to the elderly, people from a variety of ethnic backgrounds and religions, disabled people and those with mental health issues. Sometimes people from these groups are less involved in community activities and often less likely to be engaged. It is important that the views of these diverse groups are included in the plan too, so we will make extra effort to involve as many people as possible. This means that the plan will represent the views and needs of the widest range of people in the community.

To find out more about Springboig and Barlanark Thriving Place or get involved:

Calvay Housing Association: 0141 771 7722, enquiries@calvay.org.uk

Partnership and Development Officer: Kirsteen Shearlaw, 0141 276 9878, kirsteen.shearlaw@glasgow.gov.uk

Why This Plan Matters

The Community Empowerment (Scotland) Act 2015 was passed to help communities have more say in decisions that affect them and to be empowered to do more for themselves, where appropriate. For example, the Act enables community groups to take ownership of or run a local community centre.

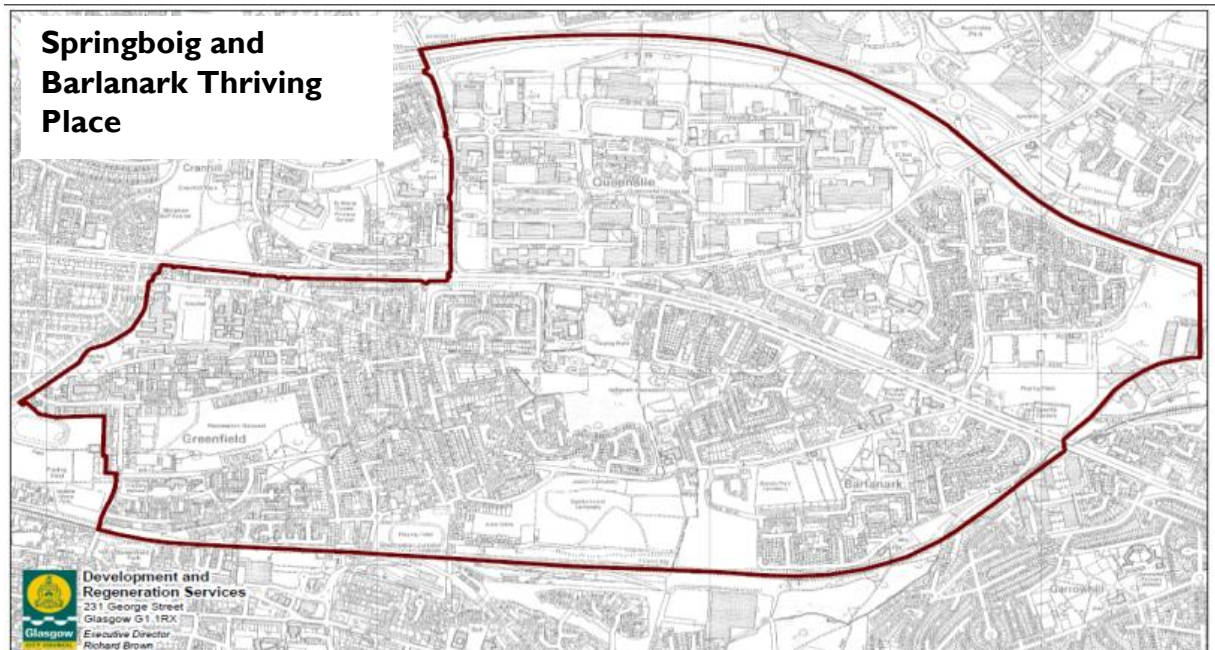
The Act also requires Community Planning Partnerships (CPPs) to produce Locality Plans with local people for areas that are disadvantaged in some way, including health and wellbeing, access to services, housing, community safety, employment, income or education. Locality Plans have to set out local priorities (based on consultation with people who live in Springboig and Barlanark), what improvements are planned and when these improvements will be made. If you live or work in the local area you have the right to be involved in the work associated with the Locality Plan. CPPs are required to publish progress reports on Locality Plans every year. This is the Locality Plan for your area. It tells how we will improve the quality of life here over the next 10 years, working in partnership with local communities.

All Community Planning partners are required by the Act to work with communities to achieve the goals identified in this plan. This includes Police Scotland, Scottish Fire and Rescue Service, Glasgow Kelvin College, NHS Greater Glasgow and Clyde, Glasgow Life, Glasgow City Health and Social Care Partnership, Historic Environment Scotland, Scottish Enterprise, the Scottish Sports Council, Skills Development Scotland and Strathclyde Partnership for Transport.

There are many other local organisations which are part of Springboig and Barlanark Thriving Place, including Calvay Housing Association, Glasgow Life, Wellhouse Housing Association, Easthall Park Housing Association, Shettleston Housing Association, Gardeen Housing Association, Glasgow Housing Association, Easterhouse Housing and Regeneration Alliance (EHRA) and Jobs and Business Glasgow. EHRA is made up the eight community housing associations and co-operatives that operate in Greater Easterhouse: Easthall Park Housing Co-operative, Blairtummock Housing Association, Calvay Housing Association, Gardeen Housing Association, Lochfield Park Housing Association, Provanhall Housing Association, Ruchazie Housing Association and Wellhouse Housing Association.

Life in Springboig and Barlanark

The Thriving Places area covers Queenslie, Wellhouse, Barlanark, Budhill, Greenfield and Springboig. The area is bounded by the M8 to the north and the railway line to the south. These boundaries are flexible; they may change to reflect the way that people identify with the place where they live. Thriving Places may also work just outside the boundaries if local people use other nearby community centres or libraries, for example.



A Brief History of the Area

Springboig took its name from a farm which stood in what is now Springboig Avenue. Until 1912 Budhill and Springboig were considered part of Shettleston, but this altered to some extent when Shettleston was absorbed by Glasgow and Budhill and Springboig remained in Lanarkshire, the two communities having services such as roads, housing, cleansing and education provided by two different local authorities.

The history of Barlanark has been well documented in the Provan Hall Heritage Trail research. The Trail research found that before 1322, Barlanark had been elevated to the status of a Preben. This is confirmed by records of Robert the Bruce dating from that year, granting John Wyschard, “Canon of the Prebend of Barlanark”, rights to hold Barlanark and forbidding anyone from hunting, hawking or fishing there without license from John or his successors.

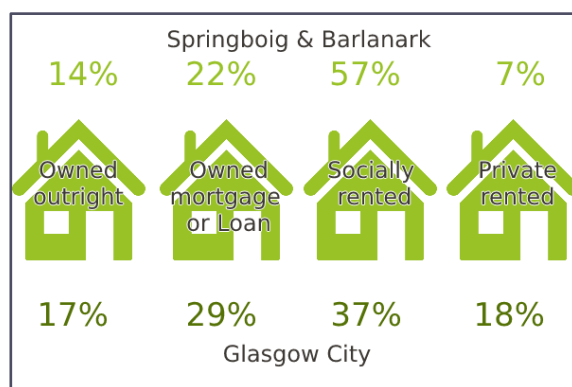
In the late 1940s, Springboig saw a surge in housing developments to address the post war housing shortage. This was followed by similar developments in Barlanark in the early 1950s.

The area remains densely populated by residential properties, including a large number of residential flats and traditional terraced houses. Significant housing regeneration has taken place in the area over the past decade. This is set to continue, with new plans for social housing developments in Barlanark announced by GHA in late September 2016.

A key historical landmark in the local area is Sandymount Cemetery, which opened in 1878.

Who Lives in Springboig and Barlanark?

The number of people living in Springboig, Barlanark, Wellhouse and Greenfield increased between 2011 and 2015, from 13,440 to 14,403. Slightly more women (54%) than men (46%) live in the local area.



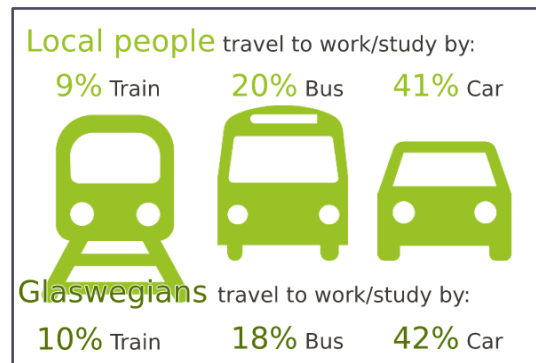
There is a family feel to Springboig and Barlanark, with a relatively high number of children and young people. One in five people in the area are aged 15 years old or less, compared to less than one in six across Glasgow. The number of 5 to 11 year-olds in the local area has increased by 3% since 2011. Around a third (31%) of the households in the local area have dependent children, compared with just under a quarter (23%) across Glasgow. Lone parent with dependent children households account for 16% of all local households, compared with 9% households across the city. There are slightly more older people too, with 15% of local people aged 65 years or older, compared with 14% city-wide.

This means that there are fewer people between 16 and 64 years of age, 65% in Springboig and Barlanark compared to 70% across Glasgow.



The local area is not as diverse as Glasgow. Around 4% of local people were born in a country other than the UK. This compares to 12% of people citywide. A very small number

of local people have some difficulty with the English language, only 2%, compared with 3% across the city.



There are local challenges; people living in Springboig and Barlanark have poorer life outcomes than the city average. The average number of years that local men are likely to spend in good health is 50, compared to the Glasgow average of 56. For local women Healthy Life Expectancy is 53 years, compared to 59 across the city.

There is a higher number of local people (38%) with one or more long term health condition than across Glasgow (31%). More local people (18%) feel their day-to-day activities are very limited by a health condition compared with Glasgow (13%).



Local secondary school attendance has a similar pattern to Glasgow, at around nine out of ten pupils. However, local pupils on average do less well at school compared with the city average. A third of pupils across Glasgow achieve 5 or more qualifications at this level, compared with just under a quarter of local 4th year pupils. Nearly half of local people (48%) have no qualifications, compared to just under a third of people across the city (32%). Local people are likely to earn less or have fewer employment opportunities.

There are a number of local community groups, organisations and services which seek to address these challenges.

What's in Springboig and Barlanark?

There are a range of activities and services within the area, with many active community groups and associations meeting in local community facilities. There is a lot of recreational space, including football facilities at Stepford Sports Park, Springboig Bowling Club and Budhill/Springboig Allotments.

Greenfield, Barlanark and Budhill Parks provide local greenspace for people to enjoy. The area's heritage can be explored at local historical landmark Sandymount Cemetery, while modern wind turbine technology can be seen in Barlanark.



Barlanark Park, 2015

The area has six Primary Schools and one mainstream Secondary School, in addition to three Nursery Schools, two Family Learning Centres, an Additional Support Needs Secondary School and an Autism Unit. There are a number of community centres, as shown below.

Local Community Centres

The Calvay Centre	16 Calvay Road, Springboig G33 4RE	Open Monday to Friday	0141 771 7722
Barlanark Community Centre	33 Burnmouth Road, Barlanark G33 4RZ	Open Monday to Friday	0141 773 1812
The Hub (including Hub Sports and Innerzone)	49 Wellhouse Crescent, Wellhouse G33 4LA	Open Monday to Friday	0141 781 2132
The Glenburn Centre	6 Glenburnie Place, Easthall G34 9AN	Open Monday to Saturday	0141 781 2277

There are a number of local clubs and services offered from these facilities. At the Calvay Centre in Springboig there is a number of activities of interest to people of different ages, including weight management classes, a beautician drop-in, a boxing club, dance classes, Chest, Heart and Stroke Club, bingo, arts and crafts, a homework club and Kidzone for primary school children, a job club and free internet access.



Boxing club at the Calvay Centre, 2017

Barlanark Community Centre offers after school care, baby massage, dance classes, pre-5 play activities, a dog club, Credit Union, football training, indoor bowls, a women's 50+ group, a counselling service, parents and toddlers and tai chi.

The Hub in Wellhouse also houses Wellhouse Connect Community Trust, which includes Hub Sports and Innerzone. The Hub has a registered learning centre, Credit Union, a walking club, a group for people with disabilities, a sewing and knitting club, a lunch club for over-60s, a job club and bingo. Hub Sports includes a multi-use indoor sports hall and a floodlit 7-a-side football pitch. Innerzone is a youth facility offering a range of activities from drama, messy arts, cookery, music and youth groups.

The Glenburn Centre in Easthall has a learning centre and provides access to a range of activities including an IT drop in, homework clubs, youth clubs, additional needs support groups and employability advice.

There are a number of housing associations with tenants living in the local area. These include Wellhouse, Easthall Park, Shettleston, Calvay, Gardeen and Glasgow Housing Association.

There are a number of voluntary organizations within Springboig and Barlanark, including the Re-tune Project which works to support veterans, those within the criminal justice service or furthest away from the labour market by offering support in traditional musical and woodworking skills.

There are a number of places of worship offering support and participation opportunities to local people. These include Barlanark-Greyfriar's Parish Church, Sandyhills Parish Church, St Paul's Roman Catholic Church, St Jude's and St John Ogilvie Catholic Church, Easterhouse Baptist Church, Shettleston New Parish Church of Scotland and Church of Jesus Christ of Latter Day Saints.

More information on what's on in the area can be found on the North East Glasgow Pathfinder website. It can be accessed at www.northeastglasgow.co.uk.

This website is hosted by Glasgow Kelvin College and provides a wealth of information on local activities and services.

Work is also underway to create a Digital Inclusion Programme for older people (linking in with the Mattie Carwood Day Care Centre, Budhill Day Centre and hopefully the community connector service for the elderly based at Shettleston Housing Association).

There are potentially three Community Councils for the local area: Springboig, Barlanark and Wellhouse and Queenslie. However, only the last of these is currently active.

How Local People Have Been Involved

Between December 2016 and January 2017, Calvay Housing Association carried out face-to-face interviews with 400 tenant households. This represents approximately 40% of all Calvay Tenants.

The Community Organiser started work in May 2017 and since then she has been meeting with local community groups and organisations to ask about priorities, what changes they feel are needed in the local area and how they could be involved. This community engagement will continue over the next few months so that local priorities and goals are agreed by March 2018.

What Local People Say About Their Area

The survey by Calvay Housing Association suggests that local people are happy living in the area, with 94% saying they are satisfied with their neighbourhood.

An emerging theme from the Community Organiser's early consultation work is an apparent gap in services for older people. The community assets of the Mattie Carwood and Budhill care centres also adds to the potential for achieving positive outcomes for this theme, while the potential closure of Lightburn Hospital adds to the need to diversify community support options for local older people.

The high proportion of young people in the area combined with initial consultation feedback suggests that Young People will be a focus for the Springboig/Barlanark Thriving Place. A number of local people who have taken part in the consultations have expressed concern regarding high levels of unemployment and poverty amongst local young people. This is supported by statistics which show the number of young people in the area not in education, employment or training is 37% above the Glasgow average. The local further education and community learning opportunities identified under asset mapping work done to date suggests potential for positive outcomes under this theme, as does the number of youth organisations that have taken part in the consultation work undertaken to date.

Research suggests alleviating child poverty should be a particular area of focus for the Thriving Place, with a 43.1% of children living in the area being in poverty. Increasing access to and uptake of welfare advice services may be agreed as a priority for local people.

Early Years staff have facilitated conversations with parents and carers in parent and toddler groups to explore what it is like to be a parent in the neighbourhoods and what could be improved. Groups in Springboig and Barlanark that participated in this consultation include Play Café, Double Deckers, Baby Massage and Stay and Play Sessions.

Feedback on existing services was overwhelmingly positive, but participants identified further work that is required: a local breastfeeding support group was requested, as was improvements to outdoor play space.

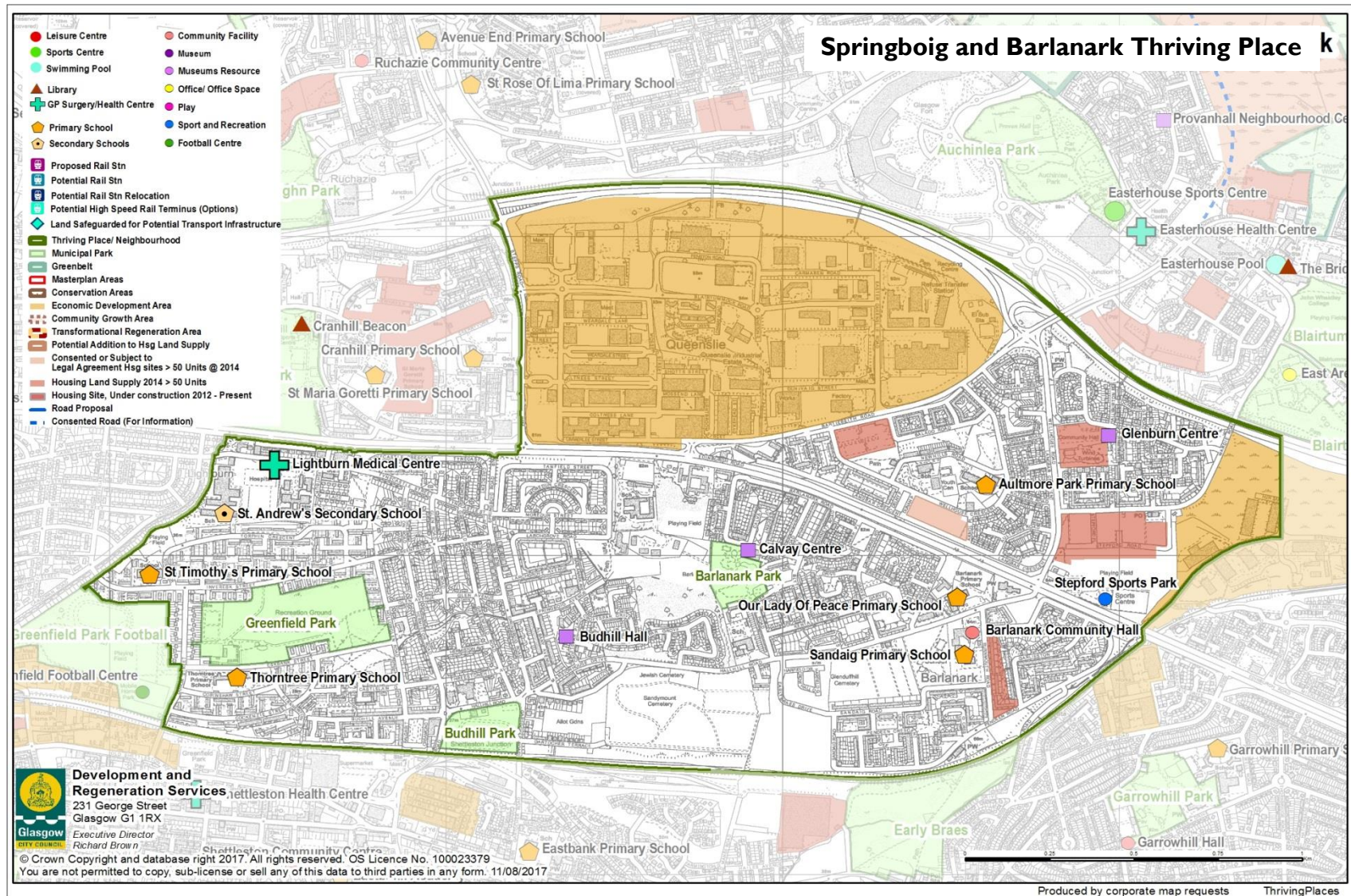
The uptake of services from Quarriers, Play Café and Book Bug within Springboig and Barlanark suggest Early Years and Supporting Families would be a key theme for the Thriving Place. Organisers and feedback from local health professionals report a highly positive response from local families using existing and developing local services. Early Years Health Improvement staff have been working closely with parent & toddler groups in the area with a view to supporting them to get constituted and linked into wider early years networks.

During the consultation carried out so far some local community groups and local organisations have identified the following priorities:

- Housing
- Older People
- Young People and Youth Employment
- Poverty
- Early Years and Supporting Families

Planned Development for Springboig and Barlanark

There are a number of housing developments planned for the local area. These are shown on the map on the next page. There are plans to build potentially around 327 housing units in Wellhouse and Barlanark, with further economic development planned for Queenslie.



Thriving Place Action Plan

Thriving Places only started in Springboig and Barlanark in January 2017, so we are in the early stages of work. We have just begun to engage with local communities to inform the development of this plan.

As the third North East Thriving Place, partners are in the early stages of developing outcomes, indicators and targets for Springboig/Barlanark. However, partners have been able to benefit from best practice learning from the other Thriving Places.

What We Have Done So Far

Early successes for the Springboig and Barlanark Thriving Place include:

- **Establishment of the Springboig and Barlanark Thriving Place Steering Group**
The Steering Group has brought together representatives from a broad range of organisations working in Springboig and Barlanark. This includes Glasgow City Council, Glasgow Kelvin College, Glasgow Life, Health and Social Care Partnership, Scottish Fire and Rescue Service, Skills Development Scotland, Easterhouse Housing and Regeneration Alliance (EHRA) and Voluntary Sector North East Glasgow (VSNEG).
- **Appointment of Community Organiser**
Following a bidding process between local organisations, Calvay Housing Association was appointed as the host organisation for this post and the Community Organiser was appointed in May 2017. Since coming into post, Nisha has met with a number of agencies, services and attended specific meetings to build knowledge of current provisions. Nisha has also initiated positive working relationships with local agencies and has identified a range of opportunities for joint working on current and new projects.
- **Agreement of Consultation Programme**
In early discussions, the Steering Group agreed that it was essential that real community engagement and community consultation was required to inform local outcomes. This includes:
 - Targeted consultation interviews and meetings with community groups and local organisations within the area, as well as organisations and Community Organisers from neighbouring Thriving Places. This includes Scottish Sports Futures, Fuse Youth Club, Quarriers, Mattie Carwood Day Care Centre, Shettleston Housing Association and Glasgow Kelvin College.
 - A Springboig and Barlanark Thriving Place launch event took place on 5th August 2017 at the Calvay Housing Association Gala Day. The Community Organiser liaised with all Housing Associations within the Thriving Place boundary to ensure comprehensive resident consultation.

- Targeted events for Vulnerable Groups are also planned, with a particular focus on Older People and the BME community.
- Community Breakfasts will aim to informally engage with local residents, provide opportunities for consultation and promote the on-going Thriving Places programme.

What We Are Doing This Year

A plan of local outcomes will be comprehensively developed following the Consultation Programme. However, early findings suggest a number of early projects. The GCHSCP Health Improvement Team is funding a Health and Wellbeing Worker from North Glasgow Healthy Living Initiative (AXIS) to develop activity around food with local people.

- **Older People**

For older people, links are being developed with Budhill Day Care Centre to introduce a Digital Learning Programme with Kelvin College, Welfare and Benefits service with GEMAP and other initiatives focused around community gardening and health services. Local services and organisations will be consulted to identify the best ways of partnership working to meet the needs of older people.



Barlanark Tea Dance, 2017.

- **Young People and Youth Employment**

A number of local organisations have expressed an interest in joint working under this theme. This includes the development of programmes with Scottish Sports Future, Fuse Youth Club and Wellhouse Housing Association. Glasgow Kelvin College has also suggested joint working in youth employment programmes.

21% of local people are under 16
higher than across Glasgow as a whole 16%



- **Early Years and Supporting Families**

The Community Organiser is working alongside Quarriers on potential work with vulnerable families with various issues.

What We Are Going to Do in Springboig and Barlanark Thriving Place Over the Next Ten Years

The table on the next page sets out what we are going to try and achieve up until 2026. **This is just a brief summary of the work we aim to do – as more people get involved we will set new goals and try to achieve more.** This is a living plan, so it should change as local people work with us to identify new needs and new ways of working.

By 2018	By 2020	By 2027
<p>The Thriving Places partners will:</p> <ul style="list-style-type: none"> • publish this plan and tell as many people as we reasonably can about it; • use a variety of methods to engage with and support local people affected by a range of challenges; • empower local people to decide which local projects get funded through Community Budgeting where project ideas are voted on by local people; • support local people to get involved in decisions about the services in the area, to find out about opportunities to be involved in delivering their own services and to engage with local elected representatives and planning officers to make sure their views are heard; • support local people to become more involved in community life in Springboig and Barlanark through a variety of means so that residents are represented and working alongside services in delivering the Locality Plan 	<p>The Thriving Places partners will have reviewed and refined the plan annually over the next three years, and it'll be something local people are aware of, and own. Within three years:</p> <ul style="list-style-type: none"> • the Springboig and Barlanark Thriving Places Steering Group will be made up of as many local people as service officers and elected representatives, ensuring that the diversity of local communities is represented; • more people will <ul style="list-style-type: none"> ○ be involved in more community groups, projects and services; ○ be aware of support that is available; ○ be involved in learning programmes; ○ come to community breakfasts; ○ feel safe in their local area; ○ be able to get about within the area and in and out of the City centre; and ○ engage in voluntary activity 	<p>Within ten years:</p> <ul style="list-style-type: none"> • the people who live in Springboig and Barlanark will: <ul style="list-style-type: none"> ○ be able to get involved in local decision making; ○ feel better connected to each other and elsewhere in Glasgow and Scotland; ○ feel that they live in supportive, active and powerful communities; ○ feel confident that services will work with them; ○ be better off in terms of employment, health, safety and education; • services and activities in the area will be: <ul style="list-style-type: none"> ○ led, developed and delivered by the local community working with and managing services; ○ be more about preventing problems than fixing what could have been prevented;

By 2018	By 2020	By 2027
<ul style="list-style-type: none"> involve local people in reviewing and developing this plan develop the Pathfinder website to include a wider range of services and activities in the area 		<ul style="list-style-type: none"> based on knowing what works well for local people, avoiding what doesn't, learning from mistakes and learning from community experts (the people who live and work in Springboig and Barlanark)